

# Congressional Chaos: My Summer as a Congressional Intern

*This summer, I spent one month working in the personal office of a U.S. Senator and one month working in the personal office of a member of the U.S. House of Representatives.*



## Internship Overview:

Worked as the first point of contact for constituents and guests in two Congressional Offices.

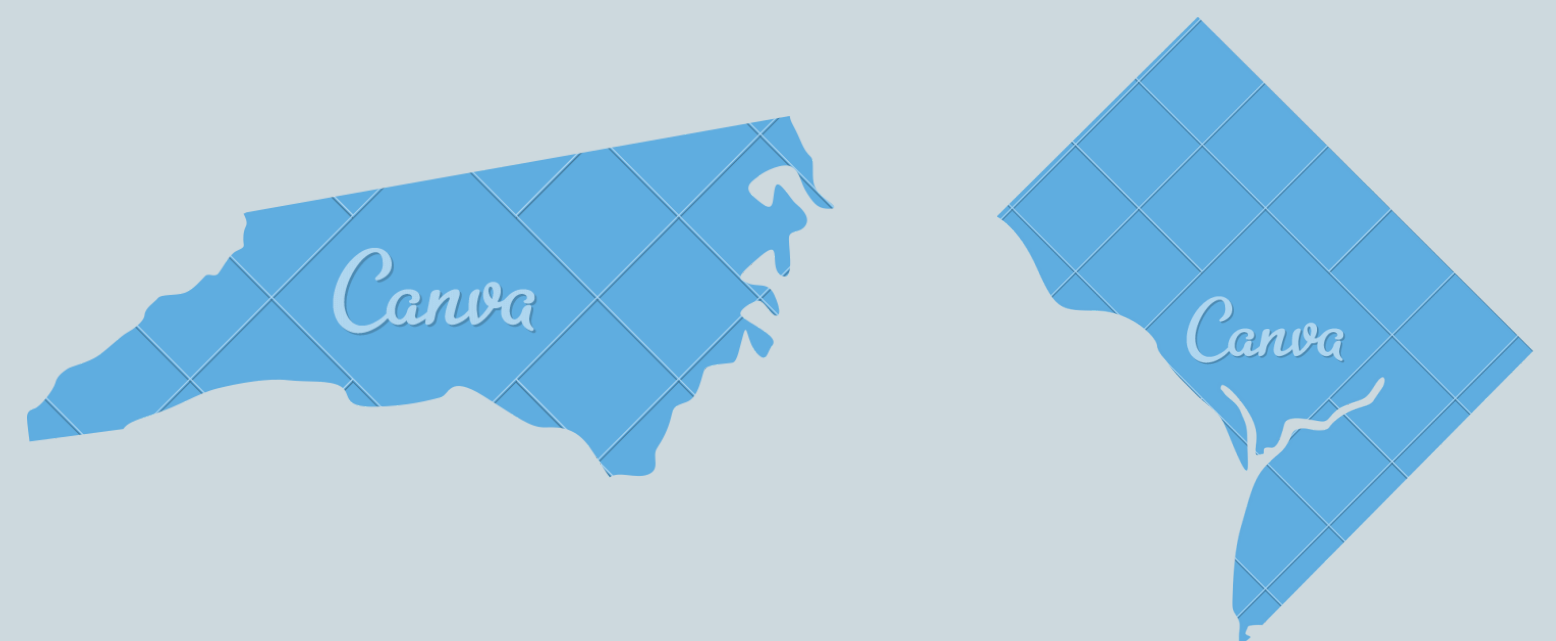


## Roles and Responsibilities:

- Constituent advocacy and correspondence
- Help legislative staffers research policy issues and write briefs
- Secretarial duties
- Aid media staff and social media team

## Takeaways:

- Better understanding of local, state, and federal issues
- Intimate understanding of the legislative process
- Refined interpersonal skills



Attended committee hearings and wrote briefs on a variety of topics, including :

- CDC COVID-19 recommendations for cruise ships
- Big tech anti-trust regulation
- cyber security in public schools

